

Child & Adult Food Care Program (CACFP) Resources

As a service to its users, the Vermont Department of Education offers links from its Web site to resources and Web sites developed by other organizations. These links are provided as a resource only. Unless specifically stated, the inclusion of such links does not imply endorsement or support of information, products or services offered by an organization other than the Vermont Department of Education. Information contained on such linked resources should be independently verified.

For more information or to provide feedback about these resources, contact Cheryl Barrows, School Nutrition Programs, at (802) 828-2447 or cheryl.barrows@state.vt.us.

NOTE: Links identified below as “OSL” will take you off the department’s Web site.

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And Justice for All Poster

To request a Civil Rights poster, e-mail requests to Cheryl Barrows.

[Building Blocks for Fun and Healthy Meals](#) OSL

This menu planner for the Child and Adult Care Food Program contains information on the CACFP meal requirements, advice on how to serve high quality meals and snacks, menu planning, nutrition education ideas and tips, the Dietary Guidelines for Americans, the USDA Food Guide Pyramid, food safety facts, sample menus, and much more.

[Building for the Future Brochure \(PDF\)](#) OSL

<http://www.fns.usda.gov/cnd/Care/Publications/pdf/4Future.pdf>
Child and adult care food program brochure

[Building for the Future Poster \(PDF\)](#) OSL

<http://www.fns.usda.gov/cnd/care/Publications/pdf/Build4Future.pdf>
CACFP parent notification poster

[CACFP Federal Regulations \(PDF\)](#) OSL

<http://www.fns.usda.gov/cnd/Care/Regs-Policy/policymemo/2000-2003/2001-12-20.pdf>
CFR 7, Part 226

[Child Care Recipes](#) OSL

<http://www.nfsmi.org/Templates/TemplateDefault.aspx?qs=cEIEPTYzJmlzTWdyPXRydWU=>
Recipes have been standardized, edited for consistency and analyzed for nutrient content.

[Feeding Infants: A Guide for Use in the Child Nutrition Programs](#) OSL

http://www.fns.usda.gov/tn/Resources/feeding_infants.html
The guide presents information on infant development, nutrition for infants, breastfeeding and formula feeding, preventing tooth decay, feeding solid foods, drinking from a cup, choking prevention, sanitary food preparation and safe food handling, commercially prepared and home-prepared baby food, and some of the Infant Meal Pattern requirements.

Food Buying Guide for Child Nutrition Programs OSL

<http://teamnutrition.usda.gov/Resources/foodbuyingguide.html>

The Food Buying Guide for Child Nutrition Programs has been expanded and updated. It has a great new look, with an updated design, including color-coded tabs for each section, pictures, new charts and graphics. There are hundreds of new food items and much, much more. A CD copy of the *Food Buying Guide for Child Nutrition Programs* will be available to order in Fall 2008.

Healthy Meals Resource System (HMRS) OSL

http://healthymeals.nal.usda.gov/nal_display/index.php?info_center=14&tax_level=1

The HMRS Web site includes the Education and Training Materials Database, a searchable collection of training materials for school nutrition personnel; several online discussion groups for specific target audiences; and food safety information.

Keeping Kids Safe OSL

http://healthymeals.nal.usda.gov/nal_display/index.php?tax_level=1&info_center=14&tax_subject=264

A Guide for Safe Food Handling & Sanitation for child care providers

Making Nutrition Count for Children OSL

<http://www.fns.usda.gov/tn/Resources/nutritioncount.html>

Nutrition Guidance for Child Care Homes

Mealtime Memo OSL

<http://www.nfsmi.org/ResourceOverview.aspx?ID=87>

Fact Sheet for the Child and Adult Care Food Program

Menu Magic for Children OSL

<http://www.fns.usda.gov/tn/Resources/menumagic.html>

Menu planning guide for Child Care Homes

MyPyramid for Kids OSL

<http://teamnutrition.usda.gov/kids-pyramid.html>

Educational material brings the messages of *MyPyramid* to elementary school children

National Food Service Management Institute (NFSMI) OSL

<http://www.nfsmi.org>

The National Food Service Management Institute provides education, research, and resources to promote excellence in child nutrition programs. The Institute serves anyone connected with the child nutrition programs: school lunch, school breakfast, summer feeding, and Child and Adult Care Food Program.

Nibbles for Health OSL

<http://www.fns.usda.gov/tn/Resources/nibbles.html>

Nutrition Newsletters for Parents of Young Children

Team Nutrition OSL

<http://www.fns.usda.gov/tn/>

Team Nutrition is USDA's resource for nutrition education, food service program operations and best practices. Team Nutrition is an initiative of the USDA Food and Nutrition Service to support the Child Nutrition Programs through training and technical assistance for foodservice, nutrition education for children and their caregivers, and school and community support for healthy eating and physical activity.